

Roost Café & Bar

All Day Breakfast

Eggs Your Way	฿160
<i>Eggs of Choice, Toast with Cream Cheese, Rocket & Home Made Tomato Relish</i>	
Big Brekky	฿240
<i>Eggs of Choice, Bacon, Hash Brown, Baked Beans, Tomato, Mushrooms & Toast</i>	
Blueberry Vanilla Yoghurt (N)	฿190
<i>Topped with Vanilla Infused Blueberry Jam, Yoghurt, Home Made Granola, Vanilla & Citrus Zest Infused Crumble.</i>	
Apple Cinnamon Yoghurt	฿190
<i>Slow Cooked Cinnamon Infused Apple, Nutmeg, Yoghurt, Pecans & Fresh Rosemary.</i>	
Apple Pie Overnight Oats	฿170
<i>Slow Cooked Cinnamon Infused Apple, Almond Milk Oats & Caramel Infused Crumble.</i>	
Bacon & Egg Avocado English Muffin	฿180
<i>Crispy Bacon, Fried Egg, Smashed Avocado</i>	
Smoked Salmon & Avocado English Muffin	฿210
<i>Smoked Salmon, Fried Egg, Smashed Avocado, Radish, Rocket, Zesty Dill Yoghurt Sauce</i>	

Avocado Smash with Poached Eggs ₱210
Smashed Avocado on Toast, Eggs, Cherry Tomatoes, Watercress w. Home Made Tomato Relish

Smoked Salmon Omelet ₱220
Smoked Salmon, Broccoli Salsa, Mixed Microgreens, Radish & Sour Cream

Breakfast Burrito ₱200
Filled w. Scramble Eggs, Bacon, Bell peppers, Black Beans, Cheese, Smashed Avocado & Salsa.

Old Fashioned French Toast ₱170
Slow Cooked Marinated Brioche Bread, Mascarpone, Home Made Infused Blueberry & Vanilla Jam, Citrus Zest Infused Crumble, Icing Sugar & Maple Syrup.

Salmon Mixed Microgreen Salad ₱250
Mixed Leafy Greens, , Quinoa, Feta, Cherry Tomatoes, Toasted Pumpkin + Sunflower seeds, Spring onions, Avocado, Poached Eggs W. Lemon Agave Dressing

<p>Add ons: Hashbrown 20 Bacon 30 Egg 20 Tomato 20 Toast 20 Baked Beans 20 Mushrooms 30</p>
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Healthy Bowls

Buddha Bowl (VG)

฿220

*Marinated Tofu, Avocado, Shredded Purple Cabbage, Chickpeas, Carrot & Baby Spinach
Quinoa & Tahini Dressing*

Poke Bowl

฿320

*Marinated Raw Tuna, Avocado, Cucumber, Shredded Purple Cabbage, Corn, Radish
Served w. Brown Rice & Tahini Dressing*

Nourish Bowl

฿230

*Bulgur Wheat, Avocado, Chickpea, Beetroot, Hummus, Radish, Cucumber, Red Cabbage,
Pumpkin Seeds, Mix Microgreens, Home Made Tahini Sauce.*

Smoothie Bowls

Pink Smoothie Bowl (VG)

฿220

*Banana & Blueberries with Pomegranate Juice. Topped with Pumpkin Seeds, Chia Seeds,
Coconut Chips & Mixed Microgreens & Pomegranate.*

Snickers Nice Cream

฿240

*Banana, Home Made Peanut Butter, Cacao, Protein Powder, Almond Milk.
Topped with Peanuts, Dark Chocolate Chips, Chia Seeds, Dates & Banana.*

Mint Chocolate Spirulina

฿220

*Fresh Mint, Dark Chocolate, Banana, Spirulina, Coconut Water. Topped with
Blueberries, Chia Seeds, Coconut Chips & Microgreens.*

Burgers & Wraps

Crispy Chicken Burger ₱260

*Crispy Chicken, Cheddar, Slam, Smashed Avocado, Red Onion, Microgreens
Served with Sweet Potato Fries*

Beef Burger ₱290

*Home Made Beef Patty, Cheddar, Red Onion, Tomato, Microgreens
Served with Sweet Potato Fries*

Vegan Falafel Burger ₱260

*Home Made Falafel Patty, Beetroot Hummus, Rocket & Speckled Pea Microgreens,
Black Sesame Brioche Bun, Served with Sweet Potato Fries.*

Grilled Chicken Wrap ₱190

*Grilled Chicken, Tomato, Lettuce, Red Onion with Caesar Sauce,
House Salad & Pesto Sauce*

Smoked Salmon Wrap ₱220

*Grilled Salmon, Tomato, Lettuce, Red Onion with Caesar Sauce,
House Salad & Pesto Sauce*

Soup

Spicy Pumpkin ₱180

*Roasted Pumpkin, Roasted Carrot, Ginger, Chilli, Paprika,
Cream with Microgreens*

Creamy Broccoli ₱180

Broccoli, Cream with Microgreen Garnish

Creamy Tomato ₱180

Tomatoes, Cream with Microgreen Garnish

Kids Menu

☺ Fish Fingers & Chips	฿150
☺ Chicken Nuggets & Chips	฿150
☺ Ham & Cheese Toastie with Chips	฿150
☺ Carbonara	฿150
☺ Bacon, Eggs of Choice & Toast	฿130
☺ Pancakes	฿130
☺ Cereal with Milk	฿50
<i>Choice of Cornflakes, Milo, Froot Loops</i>	